

daylesfordorganic

WINTER PACKAGES AT THE HAY BARN

HAYBARN MOTHER TO BE, £100

Yoga whilst pregnant is a great way to connect with your baby. Enjoy a pregnancy massage and private yoga and meditation classes.

DEEP TISSUE MASSAGE WITH COMPLIMENTARY LUNCH OR AFTERNOON TEA, £65

Book a deep tissue massage at The Hay Barn on a Tuesday or Wednesday and you can enjoy a main course from our chefs' daily seasonal selection in our organic café.

DAYLESFORD HAY BARN BLISS DAY, £195

Enjoy a 90 minute Bamford Body Signature treatment, a main course from our chefs' seasonal selection in our organic café and a 75 minute Japanese Ren Facial.

HOLISTIC COOKERY AND HAY BARN SPA DAY, £175

Experience a day at Daylesford Organic with yoga, cooking, gardening and relaxation. The sessions and discussions will focus on looking after your digestion and foods that help you stay healthy.

To book please call the Hay Barn on 01608 731703 or email haybarn@daylesfordorganic.com